



Sunset Mesa Schools ~ Lunch Menu ~ December 2018

Daily Lunch Choices are as follows: #1 - Hot or Sandwich Lunch
 #2 - Salad or Soup Lunch
 #3 - Vegetarian Bean & Cheese Burrito - Available Everyday
 #4 - Extra Entree of Choice #1 (cost is \$1.25 more)

All Lunches include a Side, Veggies, Fresh Fruit

(V)=Vegetarian (D)=item contains dairy (N)=nuts (F)=Fish/Shellfish (P)= Pork (GF)=Gluten Free or Bread Product can be Easily Avoided

Rhubarb & Elliott

Monday	Tuesday	Wednesday	Thursday	Friday
R&E Info Bite: <i>The year comes to a close and our kids are eagerly awaiting a break from the day-to-day of school. What about those kids who, when school lets out, have no access to food and regular meals? This month please join us in participating in a food drive for 'Winter Break Boxes' for families through Jefferson Middle School. We also will be donating 10% of this month's profits to The Storehouse food pantry - to make sure that EVERYONE has a healthy, full-tummy winter break.</i>				
3 1)Scratch Mac-n-Cheese, Steamed Broccoli & Cauliflower, Fruit(V) 2)Hearty Beef Stew(GF), Soft Dinner Roll, Whole Fruit	4 1)Breakfast Burrito w/Eggs, Cheese & Bacon (w/o Bacon by request), Oven Papitas, Salsa, Fruit 2)Fruit Salad, Vanilla Yogurt, Homemade Granola(N), Turkey Breakfast Sausage	5 1)Teriyaki Chicken w/ Steamed Rice, Snap Peas, Fruit, Fortune Cookie 2)Tomato Vegetable Soup w/ Alphabet Noodles, Cheese Toast, Fruit (V)	6 1)'Make your Own' Beef Tacos(V-Bean) w/ Cheese, Lettuce, Sweet Corn, Salsa, Fruit(GF) 2)Plain Bagel w/ Side of Cream Cheese, Hard Boiled Egg, Cherry Tomatoes & Cucumbers, Fruit	7 1)Cheese Pizza, Various Veggies w/Ranch Dipping Sauce, Fruit(V) 2)Chicken Cesar Salad w/Parmesan Cheese, Cherry Tomatoes, Homemade Croutons, Fruit(F)(GF)
10 1)Sweet & Sour Pork(V-Tofu) w/ Peppers & Pineapple, Rice, Fortune Cookie(P)(GF) 2)Chicken Noodle Soup, Homemade Banana Bread Square, Whole Fruit	11 1)Mild Green Chili Cheese Enchiladas, Spanish Rice & Whole Beans, Fruit(V)(GF) 2)'Build your Own' Lunch w/ Roast Turkey & Cheese Cubes, Veggie Medley, Crackers, Fruit(GF)	12 1)Roast Chicken Drumstick, Mashed Potatoes(D), Steamed Green Beans, Fruit (GF) 2)Fruit & Yogurt Smoothie, Tortilla, Carrot & Celery Sticks w/ Sunflower Nut Butter dip(V)(GF)	13 1)Spaghetti w/ Meat Sauce (Marinara(V) by request), Steamed Broccoli, Fruit 2)Broccoli & Cheddar Quiche, Green Salad w/ Veggies, Fruit (V)	14 1)Cheese Pizza, Various Veggies w/Ranch Dipping Sauce, Fruit(V) 2)Curried Chicken Salad w/ Raisins over Field Greens w/ Cucumbers, Naan Bread, Fruit (GF)
17 1)Hamburger (Garden Burger by request), Lettuce, Tomato, Oven French Fries, Fruit (GF) 2)Plain Bagel w/ Side of Cream Cheese, Hard Boiled Egg, Cherry Tomatoes & Cucumbers, Fruit	18 1)Penne Pasta Bake w/ Marinara & Mozzarella Cheese, Steamed Broccoli, Fruit(V) 2)Taco Salad w/ Beef, Beans, Cheese, Tortilla chips, Salsa Dressing, Fruit(GF)	19 1)Chili Con Carne 'Frito'Pie(V-Chili) w/ Cheese, Shredded Lettuce, Frito Corn Chips, Fruit(GF) 2)Udon Noodle Soup w/ Tofu & Veggies, Crispy Eggroll w/ Dip, Fruit(V)	20 1)Panko Crusted Chicken Tenders, Buttery Egg Noodles, Sweet Peas, Fruit 2)Fruit Salad, Vanilla Yogurt, Homemade Granola(N), Turkey Breakfast Sausage	21 <p style="text-align: center;">Winter Break</p>
24 <p style="text-align: center;">Winter Break</p>	25 <p style="text-align: center;">Winter Break</p>	26 <p style="text-align: center;">Winter Break</p>	27 <p style="text-align: center;">Winter Break</p>	28 <p style="text-align: center;">Winter Break</p>