



Grandmaster Antionette Chavez has 45 years experience and is a Martial Arts Hall of Fame Member.

She is a 7th degree black belt and teaches Tae Kwon Do, Shorin Ryu, Shoto Kan, and Escrima martial art styles.

Please visit

www.takaiminekarate.com



Tae Kwon Do Sparring & Traditional Martial Arts Weapons Class

Who: Kindergarten - 5th Grade

Requirements: Must be enrolled in Friday Karate Class from 3:20-4:20 PM. Must have or purchase sparring gear, bo staff, and rubber nunchuku. Order form may be picked up from Grandmaster Chavez.

When: Fridays from 4:30-5:00 in the library January 11 - May 17

Cost: \$225

Grandmaster Chavez highly recommends that, when possible, students attend a Free additional class at no extra charge at the main school. One additional sparring class may be taken at the main school, located at 1027 Juan Tabo NE. Private lessons are also available. **Traditional Marital Arts Weapons** classes are held at the main school on Thursdays at 6:30 PM and Saturdays at 9:00 AM. **Sparring** classes are held at the main school on Saturdays at 11:30.

Please fill out the form with a check made out to Antoinette Chavez and return to SMS office.

.....
Sparring

I _____, the parent or guardian of _____, state that he/she has no health condition, illness, injury, or physical limitations that will make it hazardous to engage in the activities involved in Karate class. I will not hold Sunset Mesa Schools, Takai Mine Karate, Antoinette Chavez, or any of their instructors responsible for any injuries, death, or loss of limbs resulting from activities involved in the Karate class in which my child is enrolled.

Signature _____ Date _____