



Sunset Mesa Schools ~ Lunch Menu for February 2019

Daily Lunch Choices are as follows:

- #1 - Hot or Sandwich Lunch
- #2 - Salad or Soup Lunch
- #3 - Vegetarian Bean & Cheese Burrito - Available Everyday
- #4 - Extra Entree of Choice #1 (cost is \$1.25 more)

All Lunches include a Side, Veggies, Fresh Fruit

(V)=Vegetarian (D)=item contains dairy (N)=nuts (F)=Fish/Shellfish (P)=Pork (GF)=Gluten Free or Bread Product can be Easily Avoided

Rhubarb & Elliott

Monday	Tuesday	Wednesday	Thursday	Friday
R&E Info Bite: <i>It's the month of Love and we LOVE Albuquerque! We're often called upon by the City to help feed people in times of crisis, whether its meals for kids in need or, as happened this past month, food for those whose circumstances led them to seek shelter in City sponsored facilities when the weather turned cold outside. We were honored to help. Your support allowed us to share the love, and over 1000 Hot meals, with folks who needed it the most!</i>				
				1) Cheese Pizza, Various Veggies w/Ranch Dipping Sauce, Fruit(V) 2) 'Double-Scoop' Tuna & Egg Salads over Field Greens, Homemade Bagel Chips, Fruit(F) ¹
1) Scratch Mac-n-Cheese, Steamed Broccoli & Cauliflower, Fruit(V) 2) 'Broken' Taco Salad w/ Beef, Beans, Cheese, Salsa Dressing, Broken Taco Shells, Fruit (GF) ⁴	1) Chicken Drumstick, Mashed Potatoes(D), Steamed Green Beans, Fruit(GF) 2) Plain Bagel w/ Side of Cream Cheese, Hard Boiled Egg, Tomatoes & Cucumbers, Fruit(V) ⁵	1) Pork Fried Rice w/ Veggies, Crispy Eggroll w/ Dip, Fruit (contains Egg)(P) 2) Fruit/Yogurt Smoothie (GF), Tortilla, Carrot & Celery Sticks w/ Sunflower Nut Butter Dip(V) ⁶	1) 'Make your Own' Beef Tacos(V-Bean) w/ Cheese, Lettuce, Sweet Corn, Salsa, Fruit(GF) 2) Udon Noodle Soup w/ Tofu & Veggies, Crispy Eggroll w/ Dip, Fruit(V) ⁷	1) Cheese Pizza, Various Veggies w/Ranch Dipping Sauce, Fruit(V) 2) Cobb Salad w/ Bacon, Turkey, Blue Cheese, HB Egg, Tomatoes, Ranch Dressing, Fruit (GF)(P) ⁸
1) Spaghetti w/ Meat Sauce (V-Marinara), Steamed Broccoli, Fruit ¹¹ 2) Cheesy Broccoli Soup(D), Homemade Blueberry, Whole Fruit(V)	1) Breakfast Burrito w/Eggs, Cheese & Bacon (w/o Bacon by request), Oven Papitas, Salsa, Fruit ¹² 2) Fruit Salad, Vanilla Yogurt, Homemade Granola(N), Turkey Breakfast Sausage	1) Teriyaki Chicken (V-Tofu by request w/ Rice, Snap Peas, Fruit, Fortune Cookie)(GF) 2) Rotini Pasta Salad w/ Parm Cheese w/ side salad of Garbanzos, Tomatoes & Broccoli, ¹³	1) Mild Green Chili Cheese Enchiladas, Spanish Rice & Whole Beans, Fruit(V)(GF) ¹⁴ 2) Chicken Noodle Soup, Homemade Banana Bread Square, Whole Fruit	1) Cheese Pizza, Various Veggies w/Ranch Dipping Sauce, Fruit(V) ¹⁵ 2) Buffalo Chicken Salad over Crisp Romaine, Veggies, Blue Cheese Ranch, French Bread, Fruit
Presidents' Day No School ¹⁸	1) Cheese Quesadilla w/ Salsa Dip, Red Bell Pepper Slices, Whole Pinto Beans, Fruit (V) ¹⁹ 2) 'Build your Own' Lunch w/ Roast Turkey & Cheese Cubes, Veggie Medley, Crackers, Fruit(GF)	1) Hamburger (V-Garden Burger), Lettuce, Tomato, Oven French Fries, Fruit (GF) ²⁰ 2) Fruit/Yogurt Smoothie (GF), Tortilla, Carrot & Celery Sticks w/ Sunflower Nut Butter Dip(V)	1) Panko Chicken w/ Buttery Noodles, Sweet peas, Ketchup Dip, Fruit ²¹ 2) Tomato Vegetable Soup w/ Alphabet Noodles, Cheese Toast, Fruit (V)	1) Cheese Pizza, Various Veggies w/Ranch Dipping Sauce, Fruit(V) ²² 2) Turkey Waldorf Salad w/ Apples over Field Greens, Toasted Walnuts, Crackers, Fruit(GF)(N)
1) Chili Con Carne 'Frito'Pie' (V-Chili) w/ Cheese, Shred Lettuce, Frito Corn Chips, Fruit(GF) ²⁵ 2) Fruit Salad, Vanilla Yogurt, Homemade Granola(N), Turkey Breakfast Sausage	1) Grilled Greek Chicken Strips, Rice Pilaf, Chop Veggie Salad, Fruit(GF) ²⁶ 2) Plain Bagel w/ Side of Cream Cheese, Hard Boiled Egg, Tomatoes & Cucumbers, Fruit(V)	1) Baked Potato w/ Cheese, Bacon (on the side), Steamed Broccoli, Fruit(GF) ²⁷ 2) Hearty Beef Stew(GF) w/ Potatoes, Carrots & Peas, Wheat Roll, Whole Fruit	1) Spaghetti w/ Meat Sauce (V-Marinara), Steamed Broccoli, Fruit ²⁸ 2) Broccoli & Cheddar Quiche, Green Salad w/ Veggies, Fruit (V)	