



Sunset Mesa Schools ~ Lunch Menu for Sept 2020

- Daily Lunch Choices are as follows:
- #1 - Hot or Sandwich Lunch
 - #2 - Salad or Soup Lunch
 - #3 - Vegetarian Bean & Cheese Burrito - Available Everyday
 - #4 - Extra Entree of Choice #1 (cost is \$1.25 more)

All Lunches include a Side, Veggies, Fresh Fruit

(V)=Vegetarian (D)=item contains dairy (N)=nuts (F)=Fish/Shellfish (P)=Pork (GF)=Gluten Free or Bread Product can be Easily Avoided

Rhubarb & Elliott

We join in the actions of all members of our world community to reduce the spread of COVID-19. We want to share with you the steps we are taking here at Rhubarb & Elliott to help protect the health and safety of students, faculty and staff as well as our Employees. Please visit our website to read our full COVID Safety Procedures. With this attention to safety we will continue to focus on our cooking skills to providing convenient, qualitative and healthy food choices for lunch for your family and the Sunset Mesa School community.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
| | ¹ 1)Chili Con Carne 'Frito' Pie w/ Cheese, Shredded Lettuce, Frito Corn Chips, Fruit(GF) 2)Fruit/Yogurt Smoothie, Tortilla, Carrot & Celery Sticks w/Sunflower Seed Nut Butter Dip (V)(GF) | ² 1)Breakfast Burrito w/Eggs, Cheese & Bacon (w/o Bacon upon request), Oven Papitas, Salsa, Fruit 2)Rotini Pasta Salad w/ Parmesan Cheese, Broccoli and Garbanzo, Fruit(V) | ³ 1)Teriyaki Chicken w/ Rice, Snap Peas, Fresh Fruit & Fortune Cookie 2)Tomato Vegetable Soup w/Alphabet Noodles, Grilled Cheese Toast, Fruit (V) | ⁴ 1)Cheese Pizza, Various Veggies w/ Ranch Dipping Sauce, Fruit (V) 2)Chicken Cesar Salad w/ Parmesan Cheese, Cherry Tomatoes, Home-made Bagel Chips, Fruit(F)(GF) |
| ⁷ Labor Day School Closed | ⁸ 1)Korean Pork Tacos w/ Whole Wheat Tortillas, Steamed Rice, Sesame Cilantro Slaw, Fruit 2)Udon Noodle Soup w/ Tofu & Veggies, Egg Roll w/ Sweet Chili Dip, Fruit(V) | ⁹ 1)Chicken Gyro w/ Pita Bread, Tomato Bell Peppers and Cucumber, Tzatziki Sauce, Fruit 2)Vanilla Yogurt, Homemade Granola(nut-free), Fruit Salad, Turkey Breakfast Sausage | ¹⁰ 1)Spaghetti w/ House-made Meat Balls & Marinara Sauce, Steamed Broccoli, Fruit 2)Plain Bagel w/ Side of Cream Cheese, HB Egg, Cucumbers & Cherry Tomatoes, Fruit | ¹¹ 1)Cheese Pizza, Various Veggies w/ Ranch Dipping Sauce, Fruit (V) 2)Buffalo Chicken Salad over Field Greens, Homemade Croutons, Ranch Dressing, Fruit (GF) |
| ¹⁴ 1)Penne Pasta Bake w/ Marinara & Mozzarella Cheese, Sautéed Veggies, Garlic Bread, Fruit(V) 2)'Build your Own' Lunch w/ Roast Turkey & Cheese Cubes, Crackers, Veggie Medley, Fruit | ¹⁵ 1)Make your Own' Beef Tacos w/ Crunchy Shells(GF), Shred Cheese, Lettuce, Sweet Corn, Salsa, Fruit 2)Fruit & Yogurt Smoothie, Tortilla, Carrot & Celery Sticks w/Sunflower Seed Butter Dip(V)(GF) | ¹⁶ 1)Baked Potato w/ Cheese, Bacon Sprinkles(on side), Steamed Broccoli, Fruit(GF) 2)Plain Bagel w/ Side of Cream Cheese, HB Egg, Cucumbers & Cherry Tomatoes, Fruit | ¹⁷ 1)Panko Chicken Strips, Buttery Egg Noodles, Sweet Peas, Fruit 2)Cheesy Broccoli Soup(D)(GF), Homemade Blueberry Muffin, Whole Fruit | ¹⁸ 1)Cheese Pizza, Various Veggies w/ Ranch Dipping Sauce, Fruit (V) 2)Chef Salad w/ Ham, Cheese, Hard-boiled Egg, Veggies, Crackers, Ranch Dressing, Fruit(V)(GF) |
| ²¹ 1)Scratch Mac-n-Cheese, Steamed Broccoli & Cauliflower, Fruit(V) 2)Taco Salad w/ Beef, Beans, Cheese, Tortilla chips, Salsa Dressing, Fruit(GF) | ²² 1)Tostado 'Scoopers' w/ Refried Pinto Beans, Rice, Cheese, Lettuce, Black Olives, Salsa, Fruit(V)(GF) 2)Beef Stew(GF), Soft Challah Roll, Whole Fruit | ²³ 1)Spaghetti w/ Meat Sauce (Marinara(V) on request), Steamed Broccoli, Fruit 2)Nori 'Burrito' Roll w/ Rice, Avocado, Cream Cheese, Carrots, Cucumber, Edamame, Fruit(V)(GF) | ²⁴ 1)Roast Chicken Drumstick, Mashed Potatoes(D), Steamed Green Beans, Fruit (GF) 2)Vanilla Yogurt, Homemade Granola(nut-free), Fruit Salad, Turkey Breakfast Sausage | ²⁵ 1)Cheese Pizza, Various Veggies w/ Ranch Dipping Sauce, Fruit (V) 2)Greek Chicken Salad w/ Feta, Veggies, Garbanzos, Olives, Pita Chips, Fruit(GF) |
| ²⁸ 1)Cheese Quesadilla w/ Salsa Dip, Red Bell Pepper Slices, Whole Pinto Beans, Fruit (V) 2)Home-made Chicken Noodle Soup w/ Banana Bread Square, Fresh Fruit | ²⁹ 1)Make your Own' Chicken Tacos w/ WW Tortilla, Shred Cheese, Lettuce, Sweet Corn, Salsa, Fruit 2)Fruit & Yogurt Smoothie, Tortilla, Carrot & Celery Sticks w/Sunflower Seed Butter Dip(V)(GF) | ³⁰ 1)100% Beef Hot Dog in Scratch made Blanket, Veg. Baked Beans, Carrots & Pickle, Fruit 2)Penne Pasta Salad w/ Garbanzo, Broccoli and Tomato Fruit(V) | | |