



Sunset Mesa Schools ~ Lunch Menu for January 2021

Daily Lunch Choices are as follows:

- #1 - Hot or Sandwich Lunch
- #2 - Salad or Soup Lunch
- #3 - Vegetarian Bean & Cheese Burrito - Available Everyday
- #4 - Extra Entree of Choice #1 (cost is \$1.25 more)

All Lunches include a Side, Veggies, Fresh Fruit

(V)=Vegetarian (D)=item contains dairy (N)=nuts (F)=Fish/Shellfish (P)= Pork (GF)=Gluten Free or Bread Product can be Easily Avoided

Rhubarb & Elliott

Monday	Tuesday	Wednesday	Thursday	Friday
R&E Info Bite: <i>Happy 2021! It's time to start afresh: New opportunities, new habits, new adventures in real food... We invite you to try different items on our menu, cook a new recipe for your family or maybe have your children cook for you! Any way you start your new year, we'll be here for you, to ease your busy days and help keep your kids focused with our fresh made lunch choices everyday. Wishing you all a happy and healthy New Year!</i>				
	5	6	7	8
	1)Penne Pasta Bake w/ Marinara & Mozzarella Cheese, Sautéed Veggies, Fruit(V) 2)'Build your Own' Lunch w/ Roast Turkey & Cheese Cubes, Veggie Medley, Crackers, Fruit(GF)	1)Cheese Quesadilla w/ Salsa Dip, Red Bell Pepper Slices, Whole Pinto Beans, Fruit(V) 2)Fruit/Yogurt Smoothie, Tortilla, Carrot & Celery Sticks w/Sunflower Seed Butter Dip(V)(GF)	1)100% Beef Hot Dog in Scratch made Blanket, Veg. Baked Beans, Carrots & Pickle, Fruit 2) Cheesy Broccoli Soup, w/ Blueberry Muffin Bread & Whole Fruit	1)Cheese Pizza, Various Veggies w/Ranch Dipping Sauce, Fruit(V) 2)Asian Chicken 'Crunch' Salad w/ Cabbage, Peppers, Snap Peas, Crispy Chow Mien Noodles, Sesame Dressing, Fruit(GF)
11	12	13	14	15
1)Spaghetti w/ Meat Sauce (Marinara(V) on request), Steamed Broccoli, Fruit 2)Vanilla Yogurt, Homemade Granola(nut-free), Fruit Salad, Turkey Breakfast Sausage	1)Panko Chicken Strips, Buttery Egg Noodles, Sweet Peas, Fruit 2)Fruit/Yogurt Smoothie, Tortilla, Carrot & Celery Sticks w/Sunflower Seed Nut Butter Dip (V) (GF)	1)Chili Con Carne 'Frito'Pie' (V-Chili) w/ Cheese, Shred Lettuce, Frito Corn Chips, Fruit(GF) 2)Tomato Vegetable Soup w/Alphabet Noodles, Grilled Cheese Toast, Fruit (V)	1)Mild Green Chile Cheese Enchiladas, Spanish Rice, Pintos, Lettuce, Tomato, Fruit 2)Home-made Chicken Noodle Soup w/ Banana Bread Square, Fresh Fruit	1)Cheese Pizza, Various Veggies w/Ranch Dipping Sauce, Fruit(V) 2)Cobb Salad w/ Bacon, Turkey, Feta Cheese, HB Egg, Tomatoes, Ranch Dressing Fruit(GF)
18	19	20	21	22
No Lunches Served	1)Teriyaki Chicken w/ Steamed Rice, Snap Peas, Pineapple & Fortune Cookie 2)Fruit/Yogurt Smoothie, Tortilla, Carrot & Celery Sticks w/Sunflower Seed Butter Dip (V)(GF)	1)Scratch Mac-n-Cheese, Steamed Broccoli & Cauliflower, Fruit(V) 2)Hearty Beef Stew(GF) w/ Potatoes, Carrots & Peas, Soft Dinner Roll, Whole Fruit	1)Breakfast Burrito w/Eggs, Cheese & Bacon (w/o Bacon upon request), Oven Papitas, Salsa, Fruit 2)Vanilla Yogurt, Homemade Granola(nut-free), Fruit Salad, Turkey Breakfast Sausage	1)Cheese Pizza, Various Veggies w/Ranch Dipping Sauce, Fruit (V) 2)Greek Chicken Salad w/ Feta, Veggies, Garbanzos, Olives, Pita Chips, Fruit(GF)
25	26	27	28	29
1)Korean Pork Tacos w/ Wheat Tortillas, Steamed Rice, Sesame Cilantro Slaw, Fruit 2)'Build your Own' Lunch w/ Roast Turkey & Cheese Cubes, Crackers, Veggie Medley, Fruit	1)Spaghetti w/ Meaty Marinara (Veg-Marinara Sauce), Steamed Broccoli, Fruit 2)Vanilla Yogurt, Homemade Granola(nut-free), Fruit Salad, Turkey Breakfast Sausage	1)Cheese Quesadilla w/ Salsa Dip, Red Bell Pepper Slices, Whole Pinto Beans, Fruit(V) 2)Taco Salad w/ Beef, Beans, Cheese, Tortilla chips, Salsa Dressing, Fruit(GF)	1)Roast Chicken Drumstick w/ Mashed Potatoes, Green Beans, Fresh Fruit 2)Fruit/Yogurt Smoothie, Tortilla, Carrot & Celery Sticks w/Sunflower Seed Butter Dip (V)(GF)	1)Cheese Pizza, Various Veggies w/Ranch Dipping Sauce, Fruit(V) 2)Home-made Chicken Noodle Soup w/ Banana Bread Square, Fresh Fruit