



Sunset Mesa Schools ~ Lunch Menu for May 2021

Daily Lunch Choices are as follows:

#1 - Hot or Sandwich Lunch

#2 - Salad or Soup Lunch

#3 - Vegetarian Bean & Cheese Burrito - Available Everyday

#4 - Extra Entree of Choice #1 (cost is \$1.25 more)

All Lunches include a Side, Veggies, Fresh Fruit

(V)=Vegetarian (D)=item contains dairy (N)=nuts (F)=Fish/Shellfish (P)=Pork (GF)=Gluten Free or Bread Product can be Easily Avoided

Rhubarb & Elliott

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
1)Penne Pasta Bake w/ Marinara & Mozzarella Cheese, Steamed Broccoli, Fruit(V) 2)Home-made Chicken Noodle Soup w/ Soft Dinner Roll, Fresh Fruit	1)'Make your Own' Crunchy Beef Tacos(V-Bean) w/Cheese, Lettuce, Sweet Corn, Salsa, Fruit 2)Fruit & Yogurt Smoothie, Tortilla, Carrot & Celery Sticks w/Sunflower Seed Butter Dip(V)(GF)	1)BBQ Pork Sandwich, Mashed Potatoes, Cole Slaw, Fruit 2)Build your Own' Lunch w/ Roast Turkey & Cheese Cubes, Veggie Medley, Crackers, Fruit(GF)	1)Teriyaki Chicken w/ Steamed Rice, Snap Peas, Fruit, Fortune Cookie 2)Plain Bagel w/ Side of Cream Cheese, Hard Boiled Egg, Tomatoes & Cucumbers, Fruit(V)	1)Cheese Pizza, Various Veggies w/Ranch Dipping Sauce, Fruit(V) 2)Chicken Cesar Salad w/Parmesan Cheese, Cherry Tomatoes, Homemade Croutons, Fruit
10	11	12	13	14
1)Spaghetti and Meaty Marinara Sauce, Steamed Broccoli, Fruit 2)Tomato Vegetable Soup w/Alphabet Noodles, Cheese Toast, Fruit (V)	1)100% Beef Hot Dog in Scratch made Blanket, Veg. Baked Beans, Carrots & Pickle, Fruit 2)Fruit Salad, Vanilla Yogurt, Homemade Granola (No Nuts), Turkey Breakfast Sausage (GF)	1)Breakfast Burrito w/Eggs, Cheese & Bacon (w/o Bacon by request), Oven Papitas, Salsa, Fruit 2)Creamy Coconut Chicken Soup with Veggies & Rice, Egg Roll w/ Orange Dip, Fruit(GF)	1)Panko Chicken w/ Buttery Noodles, Sweet peas, Ketchup Dip, Fruit 2)Rotini Pasta Salad w/ Parm Cheese w/ side salad of Garbanzos, Tomatoes & Broccoli, Fruit(V)	1)Cheese Pizza, Various Veggies w/Ranch Dipping Sauce, Fruit(V) 2)Greek Chicken Salad w/ Feta, Veggies, Garbanzos, Olives, Pita Chips, Fruit(GF)
17	18	19	20	21
1)'Make your Own' Crunchy Beef Tacos(V-Bean) w/Cheese, Lettuce, Sweet Corn, Salsa, Fruit 2)Tuna Salad Scoop over Mixed Greens, Veggies, Crackers, Balsamic Vinaigrette, Fresh Fruit	1)Roast Chicken Drumstick w/ Mashed Potatoes, Green Beans, Fresh Fruit 2)Fruit/Yogurt Smoothie, Tortilla, Carrot & Celery Sticks w/Sunflower Seed Butter Dip (V)(GF)	1)Scratch Mac-n-Cheese, Steamed Broccoli & Cauliflower, Fruit(V) 2)Plain Bagel w/ Side of Cream Cheese, Hard Boiled Egg, Tomatoes & Cucumbers, Fruit(V)	1)Chili Con Carne 'Frito'Pie' (V-Chili) w/ Cheese, Shredded Lettuce, Frito Corn Chips, Fruit(GF) 2)Vanilla Yogurt, Homemade Granola(nut-free), Fruit Salad, Turkey Breakfast Sausage	1)Cheese Pizza, Various Veggies w/Ranch Dipping Sauce, Fruit (V) 2)'Broken' Taco Salad w/ Beef, Beans, Cheese, Salsa Dressing, Broken Taco Shells, Fruit (GF)
24	25	26	27	28
1)Korean BBQ Pork Tacos w/ Wheat Tortillas, Steamed Rice, Sesame Cilantro Slaw, Fruit 2)'Build your Own' Lunch w/ Roast Turkey & Cheese Cubes, Crackers, Veggie Medley, Fruit	1)Spaghetti w/ Meaty Marinara (Veg-Marinara Sauce), Steamed Broccoli, Fruit 2)Fruit/Yogurt Smoothie, Tortilla, Carrot & Celery Sticks w/Sunflower Seed Butter Dip (V)(GF)	1)Hamburgers w/ oven Fries and Ketchup, Lettuce, Tomato & Pickle, Fruit 2)Fruit/Yogurt Smoothie, Tortilla, Carrot & Celery Sticks w/Sunflower Seed Butter Dip (V)(GF)	1)Cheese Pizza, Various Veggies w/Ranch Dipping Sauce, Fruit(V) 2)Curried Chicken Salad over Field Greens w/ Cucumbers, Flatbread, Fruit (GF)	
	Have a	Fantastic	Summer!	